

# hpt youth training class schedule

**EFFECTIVE: FEBRUARY 17, 2019**

	monday	tuesday	wednesday	thursday	friday	saturday	sunday
am						<b>YOUTH HPT (AGES 10-13)</b> 9:00am 60 min. John	<b>YOUTH HPT (AGES 6-9)</b> 9:30am 60 min. Teawna
						<b>YOUTH HPT (AGES 14+)</b> 11:00am 60 min. John	<b>YOUTH HPT (AGES 10-13)</b> 10:30am 60 min. Teawna
pm		<b>YOUTH HPT (AGES 6-9)</b> 5:30pm 60 min. Nickie					<b>YOUTH TEAM SOCCER TRAINING</b> 3:00pm 60 min. Brad
		<b>YOUTH HPT (AGES 10-13)</b> 5:30pm 60 min. John	<b>YOUTH TEAM SOCCER TRAINING</b> 7:00pm 60 min. Teawna (HPT turf closed)	<b>YOUTH HPT (AGES 10-13)</b> 5:30pm 60 min. John			
		<b>YOUTH HPT (AGES 14+)</b> 6:30pm 60 min. John	<b>YOUTH TEAM SOCCER TRAINING</b> 8:00pm 60 min. Teawna / Eddy (HPT turf closed)	<b>YOUTH HPT (AGES 14+)</b> 6:30pm 60 min. John	<b>YOUTH SQUASH STRENGTH &amp; CONDITIONING</b> 6:45pm (HPT turf closed)		

**PLEASE NOTE:** The HPTC classes are paid programs, additional fees are required to participate. For more information, please contact Amy at [amy@onehealthclubs.com](mailto:amy@onehealthclubs.com)